



Just can't get enough

## SKI Double Up Apple Crumble 165g

### LOW FAT† VANILLA FLAVOURED YOGHURT WITH APPLE CRUMBLE MIX

**INGREDIENTS:** LOW FAT VANILLA FLAVOURED YOGHURT [CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATORS (270, 330, 332)] , APPLE CRUMBLE MIX [HONEY OAT CLUSTERS (OAT BRAN, ROLLED OATS, BROWN SUGAR, OAT FLOUR, OATMEAL, RICE POPS, COCONUT (PRESERVATIVE 220), VEGETABLE OIL, GLUCOSE (CORN), HONEY, SALT, ANTIOXIDANTS (320, 310)), DRIED APPLE (PRESERVATIVE 220)] (15% MINIMUM).

**CONTAINS:** MILK AND MILK PRODUCTS, CEREALS CONTAINING GLUTEN, COCONUT AND HONEY.

**MAY BE PRESENT:** SOY PRODUCT, PEANUTS, TREE NUTS, SULPHITES AND SESAME SEEDS.

**THIS PRODUCT MAY CONTAIN:** BEE POLLEN AND PROPOLIS, AND ROYAL JELLY WHICH CAN CAUSE SEVERE ALLERGIC REACTION.

NUTRITION INFORMATION			
Servings per package: 1			
Serving size: 165g			
	Average Quantity per 165g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	1005kJ (240Cal)	12%	609kJ (146Cal)
Protein	9.7g	19%	5.9g
Fat, total	3.6g	5%	2.2g
- saturated	1.3g	5%	0.8g
Carbohydrate	38.8g	13%	23.5g
- sugars	29.7g	33%	18.0g
Sodium	135mg	6%	82mg
Calcium	228mg (29% RDI**)		138mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

†Low fat contains 0.9g fat, Total per 100g.

