



Just can't get enough

## SKI Divine Forest & Fields 6 × 200g

Berry Heaven, Mango and Wild Strawberry

### Berry Heaven

#### MIXED BERRY FRUIT YOGHURT

**INGREDIENTS:** MILK, CONCENTRATED SKIM MILK, SUGAR, CREAM (FROM MILK), FRUIT [STRAWBERRY, CHERRY, RASPBERRY, BLACKCURRANT] (5% MINIMUM), SKIM MILK, LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATOR (296).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	976kJ (234Cal)	11%	488kJ (117Cal)
Protein	8.6g	17%	4.3g
Fat, total	7.6g	11%	3.8g
- saturated	5.0g	21%	2.5g
Carbohydrate	30.0g	10%	15.0g
- sugars	29.4g	33%	14.7g
Sodium	138mg	6%	69mg
Calcium	268mg (34% RDI**)		134mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.





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### Mango

#### MANGO FRUIT YOGHURT

**INGREDIENTS:** MILK, CONCENTRATED SKIM MILK, SUGAR, **CREAM** (FROM MILK), FRUIT [MANGO] (5% MINIMUM), SKIM MILK, LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), ACIDITY REGULATORS (296, 331), FLAVOURS, VEGETABLE GUMS (412, 415), NATURAL COLOUR (160b).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	982kJ (235Cal)	11%	491kJ (117Cal)
Protein	8.6g	17%	4.3g
Fat, total	7.6g	11%	3.8g
- saturated	5.0g	21%	2.5g
Carbohydrate	30.4g	10%	15.2g
- sugars	29.8g	33%	14.9g
Sodium	138mg	6%	69mg
Calcium	266mg (33% RDI**)		133mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.





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### Wild Strawberry

#### STRAWBERRY FRUIT YOGHURT

**INGREDIENTS:** MILK, CONCENTRATED SKIM MILK, SUGAR, FRUIT [STRAWBERRY] (7% MINIMUM), CREAM (FROM MILK), SKIM MILK, LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOUR, ACIDITY REGULATORS (296, 330, 331), NATURAL COLOUR (120).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	940kJ (225Cal)	11%	470kJ (112Cal)
Protein	8.8g	18%	4.4g
Fat, total	7.6g	11%	3.8g
- saturated	5.0g	21%	2.5g
Carbohydrate	27.6g	9%	13.8g
- sugars	27.2g	30%	13.6g
Sodium	140mg	6%	70mg
Calcium	268mg (34% RDI**)		134mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

