



Just can't get enough

## SKI D'lite Peach & Mango 1kg

### PEACH AND MANGO LOW FAT† FRUIT YOGHURT

**INGREDIENTS:** CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [MANGO, PEACH] (7% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOUR, NATURAL COLOUR (160b), ACIDITY REGULATOR (332).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 5			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	770kJ (184Cal)	9%	385kJ (92Cal)
Protein	10.6g	21%	5.3g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	29.0g	9%	14.5g
- sugars	28.8g	32%	14.4g
Sodium	170mg	7%	85mg
Calcium	328mg (41% RDI**)		164mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

†Low fat contains 0.9g fat, Total per 100g.

