



Just can't get enough

SKI D'lite Passionfruit 1kg

PASSIONFRUIT LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [PASSIONFRUIT, ORANGE] (5% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), ACIDITY REGULATORS (270, 296, 330, 332), NATURAL COLOUR (160b).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 5			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	772kJ (185Cal)	9%	386kJ (92Cal)
Protein	10.6g	21%	5.3g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	28.6g	9%	14.3g
- sugars	27.6g	31%	13.8g
Sodium	172mg	7%	86mg
Calcium	326mg (41% RDI ^{**})		163mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.

