



Just can't get enough

SKI D'lite Orchard Fruits

6 × 200g

Apricot Crème, Peach & Nectarine and Vanilla Cherry

Apricot Crème

APRICOT LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [APRICOT] (6% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), ACIDITY REGULATORS (330, 331), NATURAL COLOUR (160B), FLAVOUR.

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	790kJ (189Cal)	9%	395kJ (95Cal)
Protein	10.4g	21%	5.2g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	30.4g	10%	15.2g
- sugars	30.2g	34%	15.1g
Sodium	172mg	8%	86mg
Calcium	324mg (41% RDI**)		162mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.





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Apricot Crème, Peach & Nectarine and Vanilla Cherry

Peach & Nectarine

PEACH AND NECTARINE LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [PEACH, NECTARINE] (6% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS, HALAL GELATINE, THICKENER (1442), FLAVOUR, ACIDITY REGULATOR (330), VEGETABLE GUM (415).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	816kJ (195Cal)	9%	408kJ (98Cal)
Protein	10.4g	21%	5.2g
Fat, total	1.6g	2%	0.8g
- saturated	1.2g	5%	0.6g
Carbohydrate	32.0g	10%	16.0g
- sugars	31.6g	35%	15.8g
Sodium	168mg	7%	84mg
Calcium	322mg (40% RDI**)		161mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.





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SKI D'lite Orchard Fruits 6 × 200g

Apricot Crème, Peach & Nectarine and Vanilla Cherry

Vanilla Cherry

VANILLA FLAVOURED CHERRY AND BLACKBERRY LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [CHERRY, BLACKBERRY] (4% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATORS (330, 332), NATURAL COLOURS (120, 163), VEGETABLE GUM (415).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	792kJ (190Cal)	9%	396kJ (95Cal)
Protein	10.4g	21%	5.2g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	30.4g	10%	15.2g
- sugars	29.8g	33%	14.9g
Sodium	170mg	7%	85mg
Calcium	332mg (41% RDI**)		166mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.

