



Just can't get enough

## SKI D'lite Island Escape 1kg

### FRUIT SALAD LOW FAT† FRUIT YOGHURT

**INGREDIENTS:** CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [PINEAPPLE, MANGO, PEACH, PAPAYA, BANANA, PASSIONFRUIT] (6% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), ACIDITY REGULATORS (296, 332), FLAVOURS, VEGETABLE GUM (415).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 5			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	800kJ (192Cal)	9%	400kJ (96Cal)
Protein	10.6g	21%	5.3g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	30.8g	10%	15.4g
- sugars	30.0g	33%	15.0g
Sodium	170mg	7%	85mg
Calcium	328mg (41% RDI**)		164mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

†Low fat contains 0.9g fat, Total per 100g.

