



Just can't get enough

## SKI D'lite Berry Twist Combo 6 x 200g

Peach Melba, Vanilla Boysenberry and White Raspberry

### Peach Melba

#### PEACH AND RASPBERRY FLAVOURED LOW FAT<sup>†</sup> FRUIT YOGHURT

**INGREDIENTS:** CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [PEACH, RASPBERRY] (5% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATORS (296, 330, 332), VEGETABLE GUM (415), COLOURS (120, 160b).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	794kJ (190Cal)	9%	397kJ (95Cal)
Protein	10.6g	21%	5.3g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	30.6g	10%	15.3g
- sugars	30.0g	33%	15.0g
Sodium	170mg	7%	85mg
Calcium	326mg (41% RDI <sup>**</sup> )		163mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

<sup>†</sup>Low fat contains 0.9g fat, Total per 100g.





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Peach Melba, Vanilla Boysenberry and White Raspberry

### Vanilla Boysenberry

#### VANILLA FLAVOURED BOYSENBERRY LOW FAT<sup>†</sup> FRUIT YOGHURT

**INGREDIENTS:** CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [BOYSENBERRY] (3.5% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATORS (330, 332), VEGETABLE GUM (415).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	792kJ (189Cal)	9%	396kJ (95Cal)
Protein	10.4g	21%	5.2g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	30.4g	10%	15.2g
- sugars	29.8g	33%	14.9g
Sodium	170mg	7%	85mg
Calcium	328mg (41% RDI <sup>**</sup> )		164mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

<sup>†</sup>Low fat contains 0.9g fat, Total per 100g.





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## SKI D'lite Berry Twist Combo 6 x 200g

Peach Melba, Vanilla Boysenberry and White Raspberry

### White Raspberry

#### RASPBERRY AND WHITE CHOCOLATE FLAVOURED LOW FAT<sup>†</sup> FRUIT YOGHURT

**INGREDIENTS:** CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [RASPBERRY, APPLE] (5% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, INULIN, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATOR (332), VEGETABLE GUM (415).

**CONTAINS: MILK AND MILK PRODUCTS.**

NUTRITION INFORMATION			
Servings per package: 2			
Serving size: 200g			
	Average Quantity per 200g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	836kJ (200Cal)	10%	418kJ (100Cal)
Protein	10.6g	21%	5.3g
Fat, total	1.8g	3%	0.9g
- saturated	1.2g	5%	0.6g
Carbohydrate	32.2g	10%	16.1g
- sugars	31.6g	35%	15.8g
Sodium	172mg	7%	86mg
Calcium	328mg (41% RDI <sup>**</sup> )		164mg

\*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

\*\*Recommended Dietary Intake.

<sup>†</sup>Low fat contains 0.9g fat, Total per 100g.

