



Just can't get enough

SKI D'lite Berries & Crème

12 x 100g

Vanilla Crème, Wild Blueberry and Wild Strawberry

Vanilla Crème

VANILLA FLAVOURED LOW FAT[†] YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOURS, ACIDITY REGULATORS (270, 330, 332).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 4			
Serving size: 100g			
	Average Quantity per 100g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	407kJ (97Cal)	5%	407kJ (97Cal)
Protein	5.2g	10%	5.2g
Fat, total	0.9g	1%	0.9g
- saturated	0.6g	3%	0.6g
Carbohydrate	15.9g	5%	15.9g
- sugars	15.5g	17%	15.5g
Sodium	85mg	4%	85mg
Calcium	163mg (20% RDI ^{**})		163mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.





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Wild Blueberry

BLUEBERRY LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [BLUEBERRY] (5% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOUR, ACIDITY REGULATOR (331).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 4			
Serving size: 100g			
	Average Quantity per 100g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	401kJ (96Cal)	5%	401kJ (96Cal)
Protein	5.2g	10%	5.2g
Fat, total	0.9g	1%	0.9g
- saturated	0.6g	3%	0.6g
Carbohydrate	15.5g	5%	15.5g
- sugars	15.2g	17%	15.2g
Sodium	85mg	4%	85mg
Calcium	163mg (20% RDI ^{**})		163mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.





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Wild Strawberry

STRAWBERRY LOW FAT[†] FRUIT YOGHURT

INGREDIENTS: CONCENTRATED SKIM MILK, MILK, SKIM MILK, SUGAR, FRUIT [STRAWBERRY] (7% MINIMUM), LIVE ACIDOPHILUS AND BIFIDUS CULTURES, HALAL GELATINE, THICKENER (1442), FLAVOUR, ACIDITY REGULATORS (296, 330, 331), NATURAL COLOUR (120).

CONTAINS: MILK AND MILK PRODUCTS.

NUTRITION INFORMATION			
Servings per package: 4			
Serving size: 100g			
	Average Quantity per 100g Serving	Percentage Daily Intake* (per Serving)	Average Quantity per 100g
Energy	389kJ (93Cal)	5%	389kJ (93Cal)
Protein	5.3g	11%	5.3g
Fat, total	0.9g	1%	0.9g
- saturated	0.6g	3%	0.6g
Carbohydrate	14.7g	5%	14.7g
- sugars	14.5g	16%	14.5g
Sodium	85mg	4%	85mg
Calcium	164mg (21% RDI ^{**})		164mg

*Percentage Daily Intakes are based on an average adult daily diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

**Recommended Dietary Intake.

[†]Low fat contains 0.9g fat, Total per 100g.

